

# What's Happening

## July-September Issue

### Welcome Gilbert Senior Center!

Summer is here and boy is it a HOT one. Please make sure you are drinking plenty of water! Lots of exciting things are happening in the months ahead! Don't forget to watch out for new and exciting opportunities to participate in our monthly calendar.

Let's make the next three months AMAZING!!

### ***EXERCISE CLASSES***

**The Gilbert Senior Center offers exercise classes  
Monday-Friday.**

**Mon: Tai Chi - 9:00am**

**Tues: Chair Exercise - 8:30am**

**Silver Sneakers -9:00am**

**Silver Sneakers -1:00pm**

**Wed: Yoga - 9:00am**

**Line Dancing \$3- 11:15am**

**Thurs: Chair Exercise -8:30am**

**Silver Sneakers -9:00am**

**Silver Sneakers- 1:00pm**

**Fri: Zumba Gold -8:45am**



# Outreach

**Happy Summer! Remember, you don't have to spend time looking for answers to your problems... I am your personal resource for whatever needs you may have. I can help with personal matters such as DMV info, insurance claims or social security questions. I have resources to provide legal aid or Medicare assistance. If you are needing help with transportation, I have extensive information about the Dial A Ride program. From A to Z if I don't have the answer I'll find someone who does. I look forward to serving you!**

**Brianna, Outreach Specialist: 480 503-6061**

## **VOLUNTEERS NEEDED**

**Looking to do something fun and meaningful? We need volunteer help in all areas of the center. From the kitchen, to office help, serving line, or delivering meals to the homebound, there is a need.**

**We have a terrific group of volunteers, but we could use more. Please see Brianna, our new Outreach Specialist, at 480-503-6061 to get a list of current volunteer opportunities.**

**We would not be able to accomplish all that we do if it were not for the volunteers who give their time and energy on a daily basis. Thank you to those who serve and welcome to those who are interested in serving.**



**Apply for a government phone!**

You qualify if you currently receive government assistance.

*Apply or Renew*

***AHCCCS, SNAP (food stamps)  
& Cash Assistance***

**Brianna Burrows**

**Brianna@chandlerfoodbank.org**

**Phone: (480) 503-6061**

ADDITIONAL SERVICES INCLUDE:

Food Bank Distribution  
Emergency & Supplemental  
Food Boxes Diapers & Formula

Family Resource Center  
Parenting & Early Literacy Classes  
Health & Homeless Programs

Community Action Program  
Emergency Rental/Mortgage &  
Utility Assistance

Senior Center & Home Delivered  
Meals

For more information about  
our services please contact us  
or visit our center!



**Do You Qualify?**

**Find Out NOW!**

*Make your appointment today to start your application!*

## **Fun Clubs**

**Looking for a good way to meet new people and enjoy your time at the center? The Gilbert Senior Center has a number of clubs to chose from.**

**Mondays: Bridge Club, Wii Bowling, Mexican Train, Jewelry**

**Tuesdays: Pinochle, RummiKub, Mah Jong**

**Wednesdays: Bunco, Knitting/Crocheting Club**

**Thursdays: Bridge Club, RummiKub**

**Fridays: Craft Club, Scrapbooking, Hand & Foot**

**Check your monthly calendar for dates and times.**

## **FOOD BAGS**

**The Gilbert Senior Center is happy to provide a food bag once a month for qualified participants in need. You must sign up a week in advance & not be receiving a food bag from another associated program. For more details please call 480-503-6061. FOOD BAG PICK UP IS THE 3RD TUES. & WED. OF EACH MONTH. YOU MUST SIGN UP AT LEAST ONE WEEK PRIOR TO DELIVERY. SIGN UP IN THE SENIOR CENTER OFFICE.**

## **Board Games**

**We have Yahtzee, Words with Friends, Mahjong, UNO, Apples to Apples, Sequence, and of course more Rummikub sets!! Anyone is welcome to use them and are also welcome to laugh out loud while playing these games. If there is any board game you don't see and you think your fellow Seniors will enjoy let us know!**

**Have Fun!!**

# Up Coming Events

## Dining Out

*Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm. (T)*

### Famous Dave's BBQ

Wednesday July 8th

Sign up from June 24th–July 7th

### Olive Garden

Wednesday August 5th

Sign up from July 20th-Aug 4th

### Chen's Chinese

Wednesday Sept 9th

Sign up from Aug 24th-Sept 8th

### Buffalo Wild Wings

Wednesday Oct. 7th

Sign up from Sept 23rd-Oct 6th

## Party Time!

*We all love parties, right? Here are the dates of upcoming parties.*

*MOST of the parties will start at 10:30am. So please check your monthly calendar or listen during announcements for more details.*

*Times and dates are subject to change. Thank you!*

### 2nd of July

### Indoor Picnic

*Join us for a great family fun filled day at the Center on Thursday July 2nd. Great music by Dallas West with family fun, and picnic goodies.*

*Invite your families & show them your Senior Center!*

*Party Starts at 10:30 am.*

*Sign up from June 9th-June 26th*

### Hoe Down

*Sept. 23rd 2pm-4pm*

*Come join Chandler/Gilbert Community College for a country hoe down!*

*Fun music & great snacks!*

### Senior Center Month Party

*Sept. 30th 10:30am*

*Come join us to celebrate the end of a fun filled month!*

# Up Coming Events

## **Arizona Swing Kids**

**Friday, July 10th 1:30pm**

**Please come join us for a fun afternoon with the Arizona Swing Kids performing for us. What a great way to spend an afternoon.**

## **Bashas' Museum**

**July 13th \$2**

**10:00am Tour (T)**

**Come join us for an outing to Bashas' museum. We will leave the center at 9:30am Sign up from June 29th-July 8th**

## **Pollock Tuesday Movies**

**July 28th, Aug. 25th,  
Sept. 22nd**

**Come to the movies with us! We will be going the 4th Tuesdays of every month. It is only \$3! Movie choice TBA. Sign up in the office prior to the date. (T)**

## **Wii Bowling w/ The Kitchen Staff**

**Aug. 10th 1:30pm**

**Come join the kitchen staff for some Wii Bowling and snacks. Teams will be set that day. What a fun way to enjoy the afternoon with the kitchen staff!**

## **Movies!!**

**Check the monthly calendar for the movie that will be playing here at the Center each month on one Friday. Any recommendations for movies you would like to watch come chat with the Activities Specialist and suggest it!! Popcorn will be available. Please make sure and sign up!**

**(T)- Transportation is offered but seats are limited .**

# Up Coming Events

## **Gilbert Historical Museum**

***August 20th \$4 pp***

***Gilbert Historical Museum holds thousands of artifacts, photographs, oral histories and archives that chronicle Gilbert's rich history. What a great way to learn about the Town of Gilbert.***

**Sign up from:  
*Aug 3rd-14th (T)***

## **Cake Walk**

***August 27th 12:30pm***

**Come Join us for this FUN event on August 27th (Thursday)!! Music to get you going while you walk around a circle to try and win a cake!!**



## **September is**

### **Senior Center Month!**

***Are you ready for a fun month of activities? National Senior Center Month will be filled with TONS of fun and different activities to do. Remember you will be earning tickets for fun prizes each week. Plus bigger prizes at our end of the month party! Check the extra September calendar for all the added activities.***

***(There will be a regular September Calendar available at the end of August.)***

## **Hoe Down**

**September 23rd**

**2:00pm-4:00pm**

***Brake out your boots and cowboy hats for a fun afternoon.***

***Come join students from the Chandler-Gilbert Community College for a Yee-Hawing good time. Good Music, line dancing, pictures, and more!***

***Sign up from Sept 1st- 16th***

# Up Coming Events

## **Diamondbacks Baseball**

***Come on out and join us for some great  
baseball!***

***Games start at 12:40pm.***

***We will leave at 11:30 am. (T)***

***August 12th***

***\$22 pp***

***Against The Phillies***

***Sign up July 27th-Aug 5th***

## **Gilbert Senior Center Site Council News**

### **Site Council Members 2015**

#### **Term of Office: May 2014-2016**

***Sy Balzan-Chairperson***

***Darrell Newman***

***Corina Sanchez***

***Nancy Schapiro-Treasurer***

***Joan Smith***

***Mike Territo***

#### **Term of Office: May 2015-2017**

***Barbara Walklin- Co Chairperson***

***John Christiansen***

***Mary Hearn***

***Leanne Wickremasinghe-Secretary***

***Have you visited the Site Council sponsored Boutique recently? There are always interesting items for sale. One of the functions of the Site Council is fundraising for activities. The Site Council contributes to musician's fees and party costs. The Boutique is an important fundraising activity. The Boutique is open from 10 AM -1 PM and is staffed by volunteers. Merchandise for sale is donated and all profits go to the Site Council. Your donations and support is appreciated.***

***If you are interested in helping in the Boutique or have questions about the Boutique, please see staff in the Senior Center office for details, or the Boutique chairperson Shirley Wagner. Thank you.***

Gilbert Senior Center  
130 North Oak Street  
Gilbert, Arizona 85233

Amanda Shepard, Activities Specialist  
amanda@chandlerfoodbank.org  
480-503-6059

Brianna Burrows, Outreach Specialist  
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480-503-6061

Pat Hutfles, HDM Coordinator  
pat@chandlerfoodbank.org  
480-503-6058

Wallis Berry, Kitchen Coordinator  
wallis@chandlerfoodbank.org  
480-503-6057

Kelly Delgado, Senior Programs Manager  
kelly@chandlerfoodbank.org  
480-503-6061

Check us out on the web...  
<http://chandlerfoodbank.org/>

OR

[http://www.gilbertaz.gov/  
departments/parks-and-recreation/  
seniors](http://www.gilbertaz.gov/departments/parks-and-recreation/seniors)

[https://www.facebook.com/pages/  
Chandler-Christian-Community-  
Center/165492116800788](https://www.facebook.com/pages/Chandler-Christian-Community-Center/165492116800788)

## Donations

**Boutique:** Gently used clothing, knick-knacks, jewelry etc. Profits go to the Gilbert Site Council and help support a variety of senior center activities and events.

**Arts and Craft:** Supplies for classes and clubs

**Postage Stamps:** Used for newsletters, site council cards or as requested by participants.

**Monetary donations** Financial contributions can be made by cash, check, or credit card. Credit card donations may be made online through PayPal at [www.chandlerfoodbank.org](http://www.chandlerfoodbank.org). All donations are fully tax deductible as allowed by law. A receipt is available for all donations. Donations in all amounts are welcome.

**Bingo Prizes:** Everyday items including, Grocery items: paper towels, toilet paper, Toiletries, canned food items, gift cards, etc. Any questions please let us know.

## Home Delivered Meal Program

**Did you know you could have a hot, nutritious meal delivered to your home? We offer home delivered meals Monday- Friday between the hours of 10 am and 2 pm depending on your location. Participants may qualify for financial assistance or pay \$5 per meal which is billed on a monthly basis. This is a perfect solution for those recovering from a hospital stay or sickness and may be unable to prepare a meal. If you're interested or know someone who can benefit from our service please contact our HDM Coordinator**

**Pat Hutfles (480)503-6058  
[Pat@chandlerfoodbank.org](mailto:Pat@chandlerfoodbank.org)**